



"Our Sustainable Footprint"

## **MEDIA RELEASE**

For immediate release

### **The 100 Mile Dinner**

Blue Mountains residents are invited to the official opening night of the Footbeat Festival on the 23<sup>rd</sup> of October to be a part of the huge 100 Mile dinner party!

The initiative promotes the extensive variety of produce and products available within a 100 mile radius of Wentworth Falls. The event aims to offer the community an experience of how to be more sustainable by actively buying locally produced food, thereby reducing transport 'Food Miles' and carbon emissions.

The 100 Mile menu concept originated in Canada in 2005 and has spread across the world. The produce for an average American person's meal travels over **1500 miles** to reach the plate. The 100 Mile dinner is linked to groups such as the '*Slow Food*' and '*Cittaslow*' movements. Guests will be served under the marquee on campus at TAFE Western Sydney, Wentworth Falls. Attendees will be treated to sumptuous food then entertained by '**The Richmond Players**' presenting '*Those were the days*' – a comedy and music feast, set in a country pub!

Blue Mountains based *Red Pepper Catering* is cooking for the event and director Robert Spillane said "Our mission is to show the public how easy it is to serve fine food and excellent produce bought locally". Martins Hill Wines are providing a range of local organic wines to complement the food. Blue Mountains Mayor **Adam Searle** will open the dinner and presenter **Damian Beaumont** from ABC Classic FM will MC.

Footbeat Festival Vice President Paul Payten said "The idea is to promote self-sufficiency and sustainability within our region, given the foreseeable energy and water challenges globally. Producing and consuming locally is definitely the future".

*The Footbeat Festival organisers acknowledge the Darug, Gundungurra, Wanaruah, Wiradjuri, Darkinjung and Tharawal nations as the traditional inhabitants of the greater Blue Mountains.*

**Where:** TAFE NSW Western Institute, Blue Mountains College. Mitchell St Wentworth Falls  
**When:** Friday October 23<sup>rd</sup> **Time:** 6pm – 10.30pm  
**Cost:** \$60 per head for dinner and show. Show only - \$12.  
**Tickets:** **Ph 0416 719 651**

**Media Enquiries:** Phill Terry Promotions Ph 02 47 822092 M 0425 255 495  
**For full festival information and updates** [www.footbeatfestival.com.au](http://www.footbeatfestival.com.au)

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